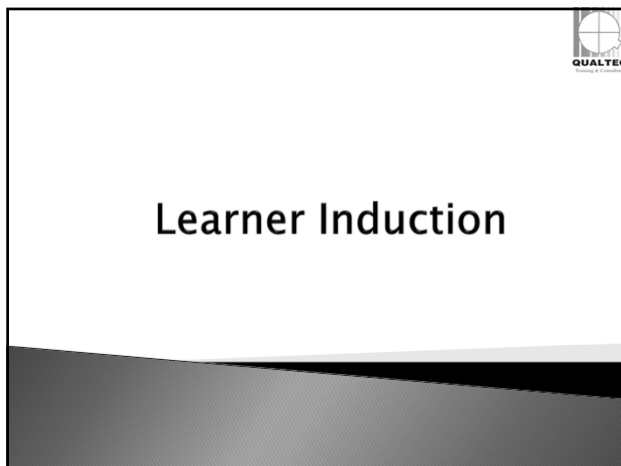
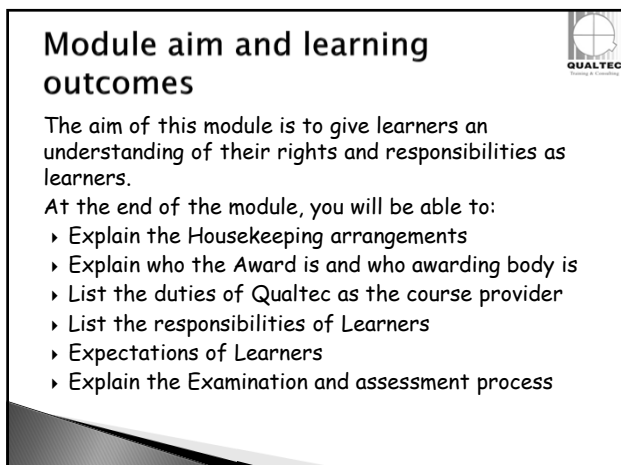


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2



3

Basic Housekeeping Rules



Phones: Please keeping on silent

Health & Safety: Fire Exits,

Schedule and breaks: Course times are 9.30 to 3.30.

Breaks at 11am and 1pm

Participation: Participation is welcomed & expected!

Academic Support: Send email to info@qualtec.ie

4

Learning Agreement: Course Provider



- › Protect your personal Data
- › Treat all learners equally, fairly and with dignity and respect and recognise diversity
- › Provide a safe learning environment
- › Start courses and finish courses on time and inform you as early as possible on any schedule changes.
- › Provide you with course notes/resources so that you can complete the course successfully.
- › Assess you fairly in accordance with our Assessment Policy and Procedure.
- › You can appeal results or complain about any aspect in accordance

5

Learning Agreement: Learners



Attend all training sessions punctually unless agreed otherwise
Treat learners equally, fairly and with dignity and respect and recognise diversity.

Contribute and participate constructively in the training sessions.

Submit any assignments within the deadline unless agreed otherwise

Ensure that any assignments and course work are your own work

Abide by any fair disciplinary actions set by trainer/Qualtec.

6

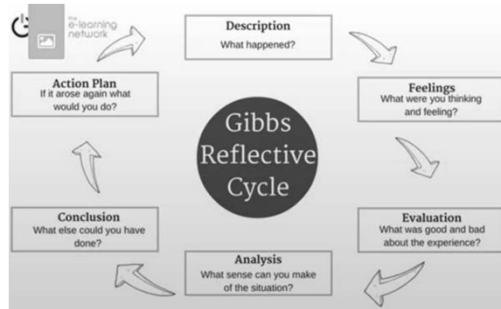
Assignments & Assessments



Lesson plan - completed prior to presentation
 Assessment: 30 mins Presentation: (2nd week)
 Reflective journal - 1500 words (1 week)

7

Gibbs Reflective Cycle



8

Aim:



The aim of this course is to provide you with the knowledge, skills and attitude to be able to develop and present an effective training session

9

Road map

- › Unit 1 Theory of Training
- › Unit 2 Psychology of training
- › Unit 3 Adult learning
- › Unit 4 Lesson Planning
- › Unit 5 Delivery of training
- › Unit 6 Assessment of training

10

Theory of Training

Module Aim:

The aim of this module is to provide you with the knowledge, skills and attitude to become a terrific trainer!

11

Module learning outcomes

On completion of this module you will be able to:

- › List the three components of training
- › compare and contrast training and education
- › List the benefits of becoming a trainer
- › List the roles and responsibilities of a trainer
- › List the knowledge, skills and attitude of a trainer
- › List the grounds for discrimination
- › List relevant social, linguistic & cultural issues
- › Deal with equality and diversity
- › Deal with challenging learners
- › Apply the theory to training practise

12

What is training?

A planned systematic approach,
to providing knowledge, skills, and attitude,
for an activity or range of activities. Garavan

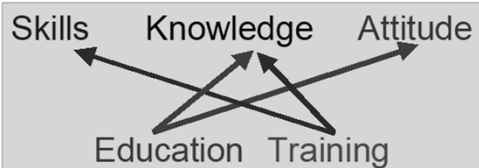
13

Education V Training

Education

Training

14



15

Why become a trainer?

16

Roles & Responsibilities

Roles

Responsibilities

17

Knowledge, Skills and Attitude

18

Recap

- › List the three components of training
- › compare and contrast training and education
- › List the benefits of becoming a trainer
- › List the roles and responsibilities of a trainer
- › List the knowledge, skills and attitude of a trainer

19

Challenging issues

The aim of this module is to provide you with the knowledge, skills and attitude to deal with challenging issues.

On completion of this module you will be able to:

- › List the grounds for discrimination
- › List social, linguistic & cultural issues
- › Deal with equality and diversity
- › Deal with challenging learners
- › Apply the theory to training practise

20

Social, linguistic & Culture issues?

21

Ground for Discrimination

22

Dealing with challenging learners?

23

Recap

- Social, Linguistic & Cultural issues?
- Grounds for discrimination?
- Challenging issues?

24

Psychology of learning

The aim of this module of to provide you with the knowledge, skills and attitude to change behaviour

At the end of this module learners will be able to:
 Explain what psychology is.
 Explain the different psychological approaches
 Explain how these approaches can be applied to training

25

Psychological Approaches

What is psychology?

The science of behaviour

Why?

To modify behaviour?

How?

- › Behaviourist approach
- › Humanistic approach
- › Cognitive approach

26

Behaviourists

What?

Focus on skill

How?

Conditioning

Who?

Pavlov, Watson, Skinner

27

Conditioning

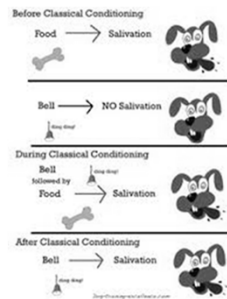
Who?

▸ Pavlov

What?

Conditioning a dog
Stimulus/ Response

▸ How?



28

Watson's "Little Albert"

- What?
- Experiment on a kid
- Why?
- Can we be conditioned?
- How?
- Repeated loud noises with the rat on his lap
- Relevance to training?
- We can be conditioned to behave in a certain way



29

Permanent Conditioning

Who?

Skinner



What?

Rewards and punishments for behaviour.

How?

Positive & negative reinforcement

Relevance to training?

You need to reinforce training afterwards

30

Humanists

What?

Focus on motivation, attitude

How? Principles

- Personal responsibility,
- Internal motivations
- Free will

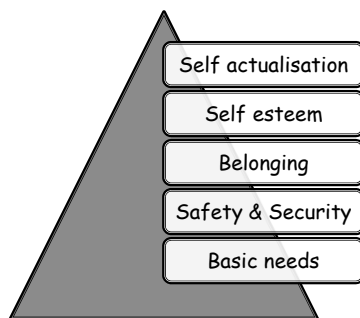
Who?

Maslow



31

Maslow's Hierarchy of Needs



32

Vrooms Expectancy Theory

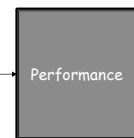


Expectancy



Can I succeed if I work hard? What is expected?

Instrumentality



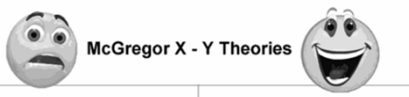
Valence



Will the reward be worth it?!

33

McGregor 's Theory X and Y



McGregor X - Y Theories

Theory X	Theory Y
<ul style="list-style-type: none"> * people need close supervision * will avoid work when possible * will avoid responsibility * that they desire only money * people must be pushed to perform 	<ul style="list-style-type: none"> * people want independence in work * people seek responsibility * people are motivated by self-fulfilment * people naturally want to work * people will drive themselves to perform


34

Cognitive Approach

What?
Focus on knowledge
 Storage & retrieval of information in memory.

How (Short term to long term)?

- ▶ 9
- ▶ Chunk (Chunkie bar)
- ▶ Bullet points
- ▶ Expand
- ▶ Teach it
- ▶ Lists. 1st and last!!
- ▶ Mnemonics e.g PEEPS!!!
- ▶ Peg words. One is a bun....



35

Recap

- ▶ Behaviourists: C.....
- ▶ Humanists=M.....
- ▶ Cognitive=.....
- ▶ Relevance to training?

36

Adult learning

The aim of this module is to provide you with the knowledge and attitude to train adults.

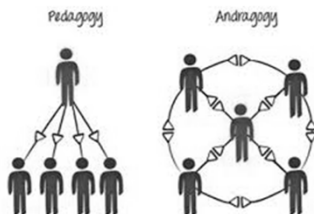
At the end of this module you will be able to:

- › List the key principle of adult learning
- › State the different types of learners
- › Explain the relevance of this to training

37

Kids

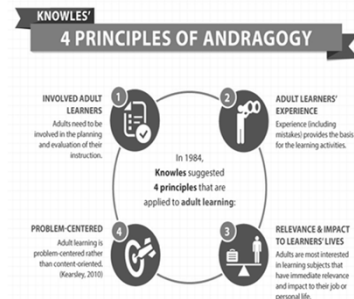
Adults



38

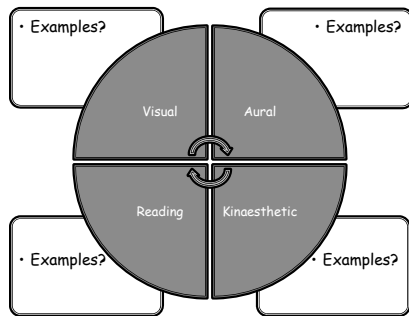
Knowles- Androgogy

- › Problem centred
- › Involved
- › Experience
- › Relevant



39

Flemings VARK Model



40

Honey and Mumford

- ▶ **Pragmatists**
- ▶ **Activists**
- ▶ **Reflectors**
- ▶ **Theorists**



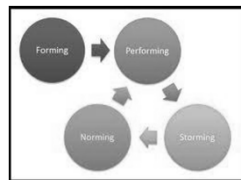
41

Group Dymanics

When?

How?

Why?



42

Recap

- Learning styles? VAK, PART?
- Principles of adult learning?
- Relevance to training?

43

Lesson planning

The aim of this module is to provide you with the skills to plan and develop an effective training session

At the end of this module you will be able to:

- Set clear aims and learning outcomes
- Develop a lesson plan
- Develop a course

44

Aim

What?

- Statement of the overall activity the learners will be able to perform.

How?

The aim of this session is to provide you with the knowledge, skills and attitude to.....

Why?

Give an overall direction and focus for the course

45

Learning outcomes

What?

Statements of what the learners will be able to do

How?

At the end of this module learners will be able to:

Action verbs

SMART: Specific V Wooly!!

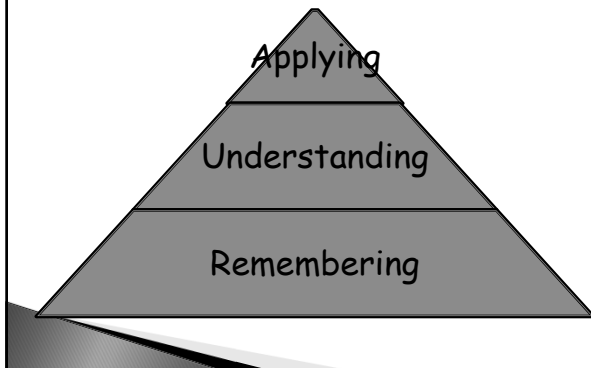
Why?

Helps the trainer structure course & select content

Gives students an expectation on assessments

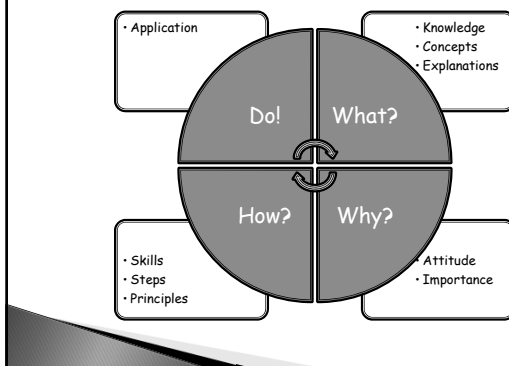
46

Levels of learning



47

Course structure: 4 MAT



48

Group Exercise

- Set aim and learning outcomes for simple tasks:
- Making a cup of tea!
- Setting a table

49

Course content

What?

Material of the course



Why?

So the aim and learning outcomes can be achieved!

How?

- Subject. What's going to be covered?
- Scope. How broad or specific?
- Loading. How deep?
- Relevance: Useful/ appropriate?
- Sequence. In what order?



50

Recap

- Aims & Learning outcomes
- Specific V Wooly
- Levels of Learning
- 4 MAT
- Course Content

51

Training Media

The aim of this topic is to provide you with the K, S & A to use different training media

At the end of this module you will be able to:

- List the different types of media
- Explain what they are
- List their benefits
- List the dos & don'ts of each

52

Teaching Media

- What?
- Why (benefits)?
- How (Do's/ don't's)

53

Powerpoint

Benefits

Dos/Don't

54

Flipchart/Whiteboard

Benefits	Dos/Don't's
----------	-------------

55

Props

Benefits	Dos/Don't's
----------	-------------

56

Handouts

Benefits	Dos/Don't's
----------	-------------

57

Videos

Benefits

Dos/Don't's

58

Recap

- List the different types of media
- Explain what they are
- List their benefits
- List the dos & don'ts of each

59

Training Methods

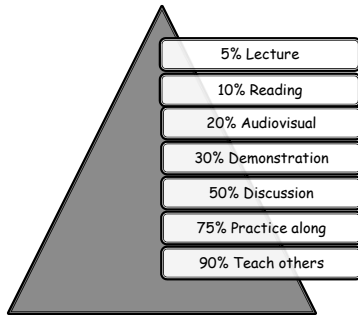
The aim of this topic is to provide you with the K, S & A to use different training media

At the end of this module you will be able to:

- List the different types of methods
- Explain what they are
- List their benefits
- List the dos & don'ts of each

60

Learning Pyramid



Source: National Training Laboratories: Bethel, Maine

61

Lecture- One way

Benefits

Do's/Don'ts

62

Discussion: Two way

Benefits

Dos/Don't

63

Demonstrations	
Benefits	Do's/Dont's

64

Case Study/Role Play	
Benefits	Do's/Don'ts

65

Ice breakers	
Benifets	Do's/Don'ts

66

Energisers

Benifets

Do's/Don'ts

67

Recap

- › List the different types of methods
- › Explain what they are
- › List their benefits
- › List the dos & don'ts of each

68

Unit 6 Training Delivery

Module aim: The aim of this module is to provide learners with the knowledge, skills and attitude to present a training session effectively.

At the end of this module learners will be able to:

- › Prepare correctly for a training session
- › Establish credibility
- › Deal with fear
- › Establish rapport with their learners

69

Preparation

▸ What?

Why?

70

Fear

What (happens)?

Why (does it happen)?

How(to deal with it)?



71

Rapport

• Why?

• When?

• How?



72

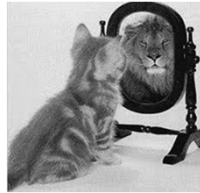
Credibility/Confidence/Competence

What?

Why?

How?

When?



73

Communication

Module aim: The aim of this module is to provide you with the knowledge, skills and attitude to communicate effectively with your learners

At the end of this module learners will be able to:

- State the elements of communication
- List what we use of ourselves to communicate
- State the do's & don'ts for each of these

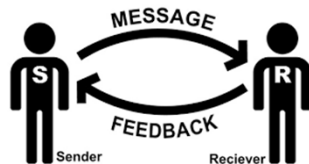
74

Communication

What (do we use?)

Why?

How (do's and don'ts)



75

Voice

Do's

Don'ts

76

Eye Contact/Facial expressions

Do's

Don'ts

77

Hand gestures/ Movement

Do's

Don'ts

78



79



80

Unit 7 Evaluating training

- ▶ **Module aim:** The aim of this module is to provide learners with the skills to be able to evaluate training effectively

At the end of this module learners will be able to:

- List the different levels of evaluating training
- Suggest ways of evaluating training
- Evaluating training effectively
- Improve training courses effectively

81

Assessments

▸ What?

A systematic approach to evaluating if the aims and learning outcomes have been achieved.

Why?

To ensure training is effective

How?

82

Kirkpatrick's Levels of Evaluation

Level One: Reaction. Satisfied

Level Two: Learning. Knowledge & Skills

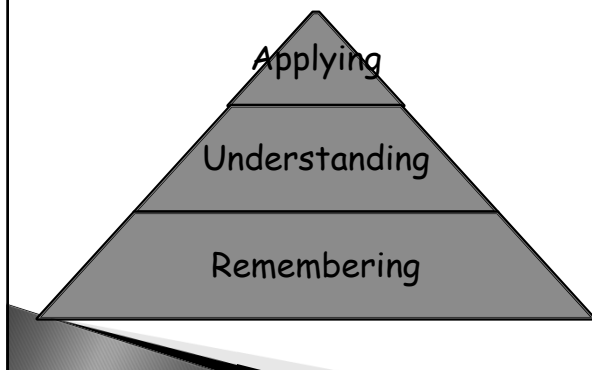
Level Three: Behaviour. Application

Level Four: Results.

Level 5 ROI - Profit

83

Levels of learning



84

Principles of assessing

- › Identify stakeholders
- › Only assess what was covered
- › Ensure Knowledge, skills and attitude are assessed
- › Identify any challenges to the assessment

85

Lets reflect!!

Why?

When?

How?



86

Recap

- › What do you assess?
- › Levels of assessment?
- › Principles to assessing?

87
