**-------------- Declaration on Plagiarism Assignment Submission --------------**

Name:

Programme: QQI Level 6 Instructing Manual Handling

Module Code: 6N0233

Assignment Title: Risk Assessment

Submission Date:

Module Instructor:

I declare that this material, which I now submit for assessment, is entirely my own work and has not been taken from the work of others, save and to the extent that such work has been cited and acknowledged within the text of my work. I understand that plagiarism, collusion, and copying are grave and serious offences in the university and accept the penalties that would be imposed should I engage in plagiarism, collusion or copying.

Any other source whatsoever are acknowledged, and the source cited are identified in the assignment references. This assignment, or any part of it, has not been previously submitted by me or any other person for assessment on this or any other course.

**I have read and understood the Assignment Brief.**

**I have read and understood the guidelines found at in the Learner Handbook.**

Name(s) PRINT:

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|  |

Signature:

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|  |

Date:

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|  |

*Task Title :*

*Risk Assessment carried out by:*

*Date:*

**Title Page**

**Introduction** (Describe your organisation and its operation. Explain why the risk assessment needs to be carry out):

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**Methodology** (Explain how you went about carrying out the risk assessment and gathering information, data and identified issues):

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1. **Task Description** (Describe the task as accurately as possible. This can be supplemented by pictures and sketches)**:**

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1. **Collect All Technical Details** (Provide as much technical data as possible. This can include weights, distances, heights etc)**:**

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1. **Identify Risk Factors** (Provide details on any risk factors identified):

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| --- | --- | --- | --- |
| Risk Factor | Y/N | Data/ Comments/ Issues/ | Solutions |
| TASK  Does the task involve: | | | |
| Holding loads away from the body? |  |  |  |
| Awkward movements or awkward posture such as twisting, stooping or reaching upwards? |  |  |  |
| Excessive lifting, lowering or carrying distances? |  |  |  |
| Excessive pushing or pulling? |  |  |  |
| Frequent or prolonged physical effort? |  |  |  |
| Insufficient recovery time? |  |  |  |
| Handling while seated? |  |  |  |
| A work rate imposed by the process? |  |  |  |
| Team handling? |  |  |  |
| Is the physical effort made with the body in an unstable posture? |  |  |  |
| INDIVIDUAL CAPABILITY | | | |
| Are any employees physically unsuited to carry out the task in question?? |  |  |  |
| Are any employees wearing unsuitable clothing, footwear etc? |  |  |  |
| Are any employees inadequately trained? |  |  |  |
| LOAD | | | |
| Is the load too heavy? |  |  |  |
| Is the load too large? |  |  |  |
| Is the load unwieldy or difficult to grasp? |  |  |  |
| Is the load unpredictable or unstable? |  |  |  |
| Is the load dangerous, sharp, hot etc.? |  |  |  |
| ENVIRONMENT | | | |
| Are there space constraints? |  |  |  |
| Is there inadequate lighting? |  |  |  |
| Is it windy? |  |  |  |
| Is the floor uneven/ slippy? |  |  |  |
| Is the temperature unsuitable? |  |  |  |

1. **Develop Solution/ Safe System of Work Plan (SSWP)/ Key Requirements/ Instructions** (Provide suggestions on any solutions proposed)**:**

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**References/ Resources:**